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(formerly Alexandria Senior Center)
a non-profit 501c3 serving older adults since 1984.

414 Hawthorne Street
Alexandria, MN 56308
320-762-2087
www.alexsrctr.org

ENCORE!
CENTER FOR VIBRANT AGING

July 2026
VOL. 50, NO 07

News

VOLUNTEER SPOTLIGHT

2026 ENCORE! Volunteer of the Year – Denise Strand!

By Toni Tebben & Shelli-Kae Foster

Our Volunteer of the Year is Denise Strand! Denise served on the board of directors for three years. Even off the board, she continues to be a big contributor to the success of our Center.

Over the years, Denise upgraded our Wi-Fi system and worked to install and maintain our kiosk check-in system, which continues to be an asset for tracking participant data for the Center. Recently she worked on creating our new website and getting our technology up to grade.

Denise has co-chaired the Spring Luncheon for eight years with Toni Tebben. At the Spring Luncheon, where we surprised Denise with this honor, Toni shared this about working with Denise, "I first met Denise when we were on the Center's board of directors together. She always has well thought out questions and asks them in a very polite manner so she can fully understand the issue, concern, or project. She strives to

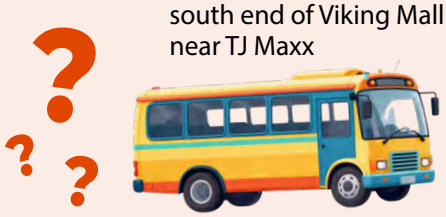
Strand continued on page 7

UPCOMING EVENTS

Toni's "Mystery" Bus Trip is Back!

Toni has a secret plan for our Mystery Bus Trip this summer. She won't tell you, but we know it will be filled with interesting sites and intrigue. Give ENCORE! a call to sign up. Lunch included.

Date:	Thursday, July 23
Register:	Call 762-2087 by July 20. *No refunds after July 20.*
Load Bus:	8:45 am
Cost:	$116
Return:	6 pm
Parking:	Park by the trees at the south end of Viking Mall near TJ Maxx



Cash raffle winners are on the back page.

Partner Dance
A prescription for Healthy Aging

Join us for this special event with Ember Reichgott Junge, former Minnesota State Senator and current television political analyst. Ember will present on findings from her new book "The Dance of Resilience: Transforming Lives and Staying Vibrant Through Partner Dance."

Bold science tells us that frequent partner dance reduces the risk of dementia by 76% (more than any other exercise); helps people with Parkinson's improve mobility, balance and independence; and helps ease depression and builds community. Social isolation can increase risk of premature death by up to 30%. Please come to find out more.

Date:	Friday, July 24
Time:	1 pm
Register:	Call 762-2087 by July 22
Cost:	FREE

ENCORE! EXPLORERS

Join Toni Tebben to tour downtown Alexandria with Rachel Barduson. What better way to travel back in time than from the seat of a trishaw with Cycling Without Age Alexandria. You will take a glimpse at Alexandria history on a mini tour that will launch from ENCORE!. The group will angle down Broadway and back with time to stop and hear stories that go along with landmarks, businesses, the residential "silk stocking" district. Then on to the Central Lakes Trail and City Park. Tours are planned for about 90 minutes with various stops along the way.

Date:	Wed., July 29
Time:	9:45 a.m. Tour Begins 10 a.m.
Cost:	$5
Group Size:	7 people

CYCLING WITHOUT AGE Alexandria

MESSAGE from SHELLI-KAE,
Executive Director

Our first ever cash raffle fundraiser was a big success. Thank you to Scott and Angie Sonstegard for managing all the details that go along with running this type of fundraiser. Scott also organized the event at the Legacy of the Lakes Museum where over 75 people showed up to hear the winners being drawn, enjoy Janet's famous cookies and tour the museum for free. A Big THANK YOU to Scott Quitmeyer for selling $11,200 in raffle tickets. Bragging rights go to Scott Sonstegard and Cindy Stueve for selling 80 and 60 tickets respectively. Thanks to everyone that sold a ticket and purchased a ticket. It was a team effort to get all 1,500 tickets sold. Gross Revenue = $30,000.00; Prize Pay Out = $10,000.00; Expenses = $565.56 for a **Net Profit of $19,434.44!** Please see the back page for names of prize winners.

FOOT CLINIC

Fri, July 10 **8:30 am–2:30 pm**	**Wed, July 29** **8:30 am–2:30 pm**
Wed, Aug 12 **8:30 am–2:30 pm**	**Fri, Aug 28** **8:30 am–2:30 pm**

Call the Center at 762-2087 to schedule your appointment. The fee is $30, made payable to the nurse. If you must cancel, please let us know.

PIE & COFFEE INFORMATION SERIES

Part 1, 2nd Thursday of each month, Thursday, July 9 at 1 pm

RAINBOW RIDER – FREE VOUCHERS & MORE

Mike Boll, Rainbow Rider

Learn about getting free vouchers to get you to the ENCORE! Center and back home. Mike Boll, Rainbow Rider's IT/ Dispatch Supervisor, will tell us about our local public transportation and how it can help you safely travel to the Center and around town.

Date: July 9
Time: 1 pm
Register: Call 762-2087 by July 8 so we have enough pie for everyone!

Pie sponsored by: Vivie

Part 2, 4th Thursday of each month, Thursday, July 23 at 1 pm

AGING STRONG: USING PHYSICAL THERAPY FOR EVERYDAY LIFE

Ellen Aigner, PTA Clinical Director, RehabAuthority

Join Ellen Aigner to learn how you can return to the hobbies, activities, and lifestyles you enjoy. Her clinical interests include supporting individuals recovering from joint injuries and surgeries, treating generalized back pain, and guiding patients through their rehabilitation journey with compassionate, individualized care.

Date: July 23
Time: 1 pm
Register: Call 762-2087 by July 22 so we have enough pie for everyone.

Pie sponsored by: SANFORD HEALTH

BIRTHDAY CLUB

Friday, July 10 at 1 o'clock

Let's celebrate your birthday! We invite all members, whether it's your birthday or not, to our July Birthday Party. Join us for live music, cake, ice cream, penny bingo and more. Call by July 9 so we have enough cake for everyone! (Cake sponsored by RehabAuthority + volunteers).

REHABAUTHORITY • physical therapy •

Did you know

- Bringing your own coffee cup/mug is helping ENCORE! to reduce waste and save money on disposable cups. Keep up the great work!
- We accept jewelry of all kinds! Bring items to the Center and give them to Becky for Cathy Johnson to sort through. This is a valuable fundraiser for us.
- We would like to hear your story. "My Story" is off to a great start with Maria Strasser and Dick Bromley. If you have a life story or episode you would like to share, or a friend that you know has a great story, let Shelli-Kae know.

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Chair Yoga with Jill

Jill Fugleberg, Certified Yoga Instructor

Chair yoga is a great option for older adults because it improves flexibility, balance, relaxation and mental focus. This class includes stretches and yoga poses done while seated or standing. Both can be done with the support of a chair. Jill is a certified yoga, group exercise and active aging instructor.

Instructor:	Jill Fugleberg
Dates:	Every Tuesday
Time:	1-2 pm
Cost:	$6 member $7 non-member

CHAIR MASSAGE with Kristina Kramer

Kristina Kramer, Certified Massage Therapist

A chair massage is a type of massage that is performed while the client is seated in a special chair. The therapist will use a variety of techniques to target the muscles in the neck, back and shoulders. Chair massages are a great way to reduce stress and tension, and it can also help to improve circulation and increase flexibility. Call 762-2087 to schedule a 25-minute chair massage for $35.

Tues, July 14 **9:00–11:00 am**	**Wed, July 22** **12:30–2:30 pm**
Tues, Aug 11 **9:00–11:00 am**	**Wed, Aug 19** **12:30–2:30 pm**

Sponsor of Health & Wellness activities

SANFORD HEALTH

Walking Club

~ New

Summer is a great time to get outside and walk with friends. Call 762-2087 for more information.
All abilities welcome!

Instructor:	Stephanie Stahel
Dates:	Tuesdays through August 25
Time:	9:45 am
Location:	Big Ole Park
Bring:	Water, wear comfortable shoes & dress in layers

MOVE & GROOVE

Join us for this low-impact cardio class set to fun music. The class involves doing various arm and leg movements while standing. *Move & Groove* improves mobility and heart health while elevating your mood and being gentle on joints.

Instructor:	Jill Fugleberg
Dates:	Friday, July 24 & Aug 28
Time:	10:30 – 11:30 am
Cost:	$6 for ASC members $7 for nonmembers

Let's Go Fishing

We invite you to join us for three more opportunities to go for a 2-hour pontoon ride with Let's Go Fishing. Meet at the Center at 12:30 and we can carpool or meet at the launch site. Life jackets & water provided. We welcome wheelchairs - let us know ahead of time.

Dates:	Wed, July 15 **Lake Le Homme Dieu** at Krueger's Creek
	Wed, Aug 12 **Lake Victoria** at 2167 Hazel Hill Rd
	Wed, Sept 16 **Lake Le Homme Dieu** at Krueger's Creek
Carpool:	12:30 pm
Launch Site:	12:40 pm
Time:	1-3 pm
Register:	Call 762-2087 five days prior to day of ride (Limit of 11 participants). Let us know at the time of registration if you will meet us at the launch site or at ENCORE!.
	Wheelchairs are welcome, let us know at time of registration.

– PARKING –

If you see staff from St. Mary's this summer, thank them for not parking on the East side of Hawthorne Street this school year.

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Alexandria Public Schools
Community Education

Enjoy fresh ideas for lifelong learning through Alexandria Community Education! Check them out at https://alexschools.arux.app or call 320-762-3310.

Mid-Summer Rescue: Refresh and Replant Your Garden
Tuesday, July 7, 5:30-6:30 pm, $13, Anderson Florist & Greenhouse.
Learn how to pivot your garden for the second half of the summer. We will cover essential "rescue" techniques like strategic pruning and feeding to save struggling plants, alongside expert advice on which new additions can handle the heat.

American Sign Language
Mondays, July 13 - Aug 10, 5:15-6:15 pm, $99, Discovery Middle School.
This course is designed for students with no or minimal sign language skills to develop basic skills in use of ASL and knowledge of Deaf culture.

Art in the Garden
Mondays, July 13- Aug 3, 5:30 am-7:00 pm, $56, Legacy of the Lakes Garden.
Your time in the Legacy of the Lakes Museum Garden will provide you with an opportunity to take a deep breath and express yourself while sketching outdoors. Bring your sketchbook and medium of choice. This class will focus on rendering plants, trees, flowers, water, buildings, people and more.

— REFLECTIONS AND THANKS —

Day of Caring students from Discovery Middle School cleaned out the flower garden and washed our windows! Thanks to Denise Strand for helping advise the window washers and to Sandra and Erika Johnson for overseeing the garden clean-up.

Let's give a BIG WELCOME to our new members!

- Cody Rieland
- Carrie & John Carlberg
- Pam MacKenthun
- Wayne Johnson

AARP Driver Safety 4-hour Discount Classes

AARP

Tues, July 22
8:30 – 12:30 pm

Thurs, July 30
5 – 9 pm

Sat, Aug 8
8:30 – 12:30 pm

Sat, Aug 13
8:30 – 12:30 pm

Sat, Aug 26
8:30 – 12:30 pm

4 hour Refresher Classes

AARP brings you Driver Safety Discount classes at the Center. Participants will reduce their insurance by 10%. Call the Center to sign up at 762-2087. Pay $25 (AARP members) or $30 (non-AARP members) at the time of class.

MEDICARE Workshop

2nd Wednesday of each month at 3 pm July – September

Corinna Douglas, Medicare Advisor West Region

Do you have questions about Medicare? Join Corinna Douglas to learn about the basics of Medicare and to discuss your options.

NEW MEMBER MEETING

Are you new to ENCORE!? Come to our New Member meeting to learn more about what the Center has to offer. Tour the facility, ask questions, meet other new members and make suggestions. Please join us for coffee, cookies and time to socialize.

Date: July 15
Time: 10 – 11 am

DOUGLAS COUNTY FAIR
ALEXANDRIA, MN

ENCORE! will be at the Douglas County Fair. Eileen Niemeier will be chairing the event. She is looking for help with making lefse, Rommegrot, Kolaches, cake donuts, etc. And she needs helpers at the fair. Call the front desk to sign up starting July 6, 2026.

July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ROOM KEY **Dining Room- DR** **Dining Room East- DRE** **Dining Room West- DR** **Pool Room- PR** **Craft Room- CR**	**Meeting Room- MR** **Green Room- GR** **Lorsung Art Studio- LAS**		1 **8:30-10 Transition Team Meeting- MR** 9-3 Billiards- PR 12:30-3:30 Bridge B- DRE 12:30-3:30 Mahjong- DRW **1-2:30 Card Bingo- MR**	2 CHICKEN SALAD PASTA 9-3 Billiards- PR 9-12 Pinochle B- DRW 9:30-11:30 Golden K Mtg- MR 12:30-3 Bridge C- DRW 12:30-3 Scrabble- CR 1-4 Open Studio- LAS	3 **CLOSED** **FOR JULY 4 HOLIDAY**	4 Independence Day **CLOSED**
5	6 9-3 Billiards- PR **9:30-12 Bunco A- MR** 10-12 Beg. Bridge A- CR 10-12 Five Crowns- DRE 12:30-3 Samba A- DRE 12:30-4 Men's Bridge- CR 1-3 Bingo- MR 3:30-4:30 TOPS #36- MR 5-6:30 Katy's Swing Band- DR	7 **7:30-8:30 Develop. Comm. Mtg-** 9-3 Billiards- PR 9-11:30 Pinochle A- DRW 9:30-12 Whist A- DRE 12-3 Bridge A- CR **1-2 Chair Yoga- MR**	8 9-3 Billiards- PR **9:30-11 ENCORE! Board Meeting- MR** **12:30-3 Bridge D- CR** 12:30-3:30 Bridge B- DRE 12:30-3:30 Mahjong- DRW **2-5 BCBS Medicare- MR**	9 BURGER GRAVY 9-3 Billiards- PR 9-12 Pinochle B- DRW 9:30-11:30 Golden K Mtg- MR **10:30-11:30 Golden K Exec Mt** 12:30-3 Bridge C- DRW **1-3 Rainbow Rider- MR** 12:30-3 Scrabble- CR 1-4 Open Studio- LAS	10 7:45-9:15 TOPS #775- MR **8:30-2:30 Foot Care- CR** 9-3 Billiards- PR 9:30-11 Rummikub- DRE 10-12 Cribbage A- DRW 12:30-3 Samba B- DRE **1-3 Birthday Club- DR** 1-3 Cribbage B- CR	11 9:30 -12:30 Whist C- DR
12	13 9-3 Billiards- PR **9:05 ENCORE! on Open Line** 10-12 Beg. Bridge A- CR 10-12 Five Crowns- DRE **10:30-11:30 Marketing Mtg- M** 12:30-3 Samba A- DRE 12:30-4 Men's Bridge- CR 1-3 Bingo- MR 3:30-4:30 TOPS #36- MR 5-6:30 Katy's Swing Band- DR	14 9-3 Billiards- PR 9-11:30 Pinochle A- DRW **9-11:30 Massage- CR** **9-12 Mexican Train- DRE** 9:30-12 Whist A- DRE 12-3 Bridge A- CR **1-2 Chair Yoga- MR** **6-8 North Door Jam- DRW**	15 9-3 Billiards- PR **10-11 New Member Meeting- MR** 12:30-3:30 Bridge B- DRE 12:30-3:30 Mahjong- DRW **1-2:30 Card Bingo- MR** **1-3 LGF Pontoon Ride(LeHom)- Lobby**	16 CHICKEN 9-3 Billiards- PR 9-12 Pinochle B- DRW 9:30-11:30 Golden K Mtg- MR 12:30-3 Bridge C- DRW **1-2 Tech Time- MR** 12:30-3 Scrabble- CR 1-4 Open Studio- LAS	17 7:45-9:15 TOPS #775- MR 9-3 Billiards- PR 9:30-11 Rummikub- DRE **9:30-12 Quiting- MR** 10-12 Cribbage A- DRW 12:30-3 Samba B- DRE 1-3 Cribbage B- DRW	18 9:30 -12:30 Whist C- DR
19	20 9-3 Billiards- PR **9:15-12 Bunco B- MR** 10-12 Beg. Bridge A- CR 10-12 Five Crowns- DRE 12:30-3 Samba A- DRE 12:30-4 Men's Bridge- CR 1-3 Bingo- MR 3:30-4:30 TOPS #36- MR 5-6:30 Katy's Swing Band- DR	21 9-3 Billiards- PR 9-11:30 Pinochle A- DRW **9:30-12 Bridge F- CR** 9:30-12 Whist A- DRE 12-3 Bridge A- **DRW/DRE** **1-2 Chair Yoga- MR**	22 **8:30-12:30 AARP Driver Safety- MR** 9-3 Billiards- PR **12:30-3 Massage- CR** **12:30-3 Bridge D- DRE** 12:30-3:30 Bridge B- **DRE** 12:30-3:30 Mahjong- DRW	23 HAM 9-3 Billiards- PR 9-12 Pinochle B- DRW 9:30-11:30 Golden K Mtg- MR 12:30-3 Bridge C- DRW **1-3 Aging Strong: PT/ED Life-** 12:30-3 Scrabble- CR 1-4 Open Studio- LAS **MYSTERY BUS TRIP**	24 7:45-9:15 TOPS #775- MR 9-3 Billiards- PR 9:30-11 Rummikub- DRE 10-12 Cribbage A- DRW **10:30-11:30 Move & Groove-** 12:30-3 Samba B- DRE **1-3 Dance of Resilience Talk** 1-3 Cribbage B- DRW	25 9:30 -12:30 Whist C- DR
26	27 9-3 Billiards- PR 10-12 Beg. Bridge A- CR 10-12 Five Crowns- DRE 12:30-3 Samba A- DRE 12:30-4 Men's Bridge- CR 1-3 Bingo- MR 3:30-4:30 TOPS #36- MR 5-6:30 Katy's Swing Band- DR	28 9-3 Billiards- PR 9-11:30 Pinochle A- DRW **9-12 Mexican Train- DRE** 9:30-12 Whist A- DRE 12-3 Bridge A- CR **1-2 Chair Yoga- MR** **6-8 North Door Jam- DRW**	29 **8:30-2:30 Foot Care- CR** 9-3 Billiards- PR **10-12 ENCORE! Explorer's/ Hist. Tour-Lo** 12:30-3:30 Bridge B- DRE 12:30-3:30 Mahjong- DRW	30 TATER TOT HOTDISH 9-3 Billiards- PR 9-12 Pinochle B- DRW 9:30-11:30 Golden K Mtg- MR 12:30-3 Bridge C- DRW 12:30-3 Scrabble- CR 1-4 Open Studio- LAS **5-9 AARP Driver Safety- MR**	31 7:45-9:15 TOPS #775- MR 9-3 Billiards- PR 9:30-11 Rummikub- DRE **9:30-12 Quiting- MR** 10-12 Cribbage A- DRW 12:30-3 Samba B- DRE 1-3 Cribbage B- DRW	
		Notes	**LAS - Open Studio** **Mon., Tues., Thurs., Fri.'s** **1-4 pm**	**Congregate Dining** **Each Thursday @ 11:30**		

— Keeping you "in the know..." —

A NOTE FROM OUR EXECUTIVE LIBRARIAN

Bob Ritlinger

As of June 1, there are approximately 1,100 books in our library. There are paperbacks, hardbacks, westerns, romance, readers digest and some large print books. In 2025, 859 books were signed out (200 more than the previous year). As of June 1, this year 509 books have been signed out so our library is being well used.

A few notes from Bob:

- Please sign the books out and try to return them in a timely manner.
- There are also plenty of puzzles and they do not have to be signed out. All sizes from 350 to 1000 pieces.
- Check out the books and puzzles for sale for $1.00 each on a table in the dining room.
- Donated books and puzzles are always welcomed. Just leave them in the library or call me and I will come to pick them up.

A big thank you to Sue Klein for taking care of the library last winter while we were in Florida. *Note: I found 1767 shark teeth!*

~ Bob Ritlinger (320-760-4052)

KXRA: Listen each morning to KXRA 1490 for our activities and we are on "Open Line", each 2nd Monday at 9:05.

Volunteer Opportunities

- Spring Luncheon Chair(s)
- Heritage Foods bakers (lefse, Rommegrot, kolaches, donuts, etc)
- CarFit is looking for volunteers to help with their event August 20 from 1-4 p.m. Contact Sophia Grabow 320-762-2973.

Rainbow Rider Tickets

– Now Available

FREE tickets to ride Rainbow Rider to ENCORE! and back home. This opportunity is made possible from a grant from the Medica Foundation. Rainbow Rider accommodates wheelchairs and walkers, just let them know ahead of time. Call **1-800-450-7770** to line up your ride, preferably at least one day in advance.

"I love having these free Rainbow Rider tickets. When it's cold out, they pick me up at my door and the bus is always warm, and each driver has been kind. Now I don't have to worry about where to park. I think more people should know about the free Rainbow Rider tickets available at ENCORE! "

- Sandi Desmarais, ENCORE! member

Rainbow Rider

Medica FOUNDATION

TECH TIME

Using Technology for Travel

Celeste Rapp

Summer months are a great time for travel! For seniors, utilizing technology can make traveling much easier than not. During July Tech Time, Librarian Celeste Rapp will be presenting different ways seniors can use technology to make planning and implementation of plans easier. We'll go over different websites, phone apps, and ways that AI can be used in the process of traveling. Learn how to make sure your information stays private and how to spot scams while traveling. *Note: Bring your phone.*

Date:	Thursday, July 16
Time:	1 – 2 pm
Register:	Call 762-2087
Instructor:	Celeste Rapp, Adult Services and Reference Librarian

Lorsung Art Studio

Open Studio –
Mon, Tues, Thurs & Fri
1-4 p.m.

Resident Artist Connie Gawthrop will be "in studio" during listed times. Stop in and see what she is working on.

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MONTHLY ACTIVITIES

Check calendar for dates & times
Everyone is welcome to play!

- **Billiards**
- **Bingo**
- **Bridge A, B, & C**
- **Beginner Bridge A**
- **Men's Bridge** (Closed)
- **Bunco A** (Closed)
- **Bunco B**
- **Card Bingo**
- **Cribbage A & B**
- **Katy's Swing Band**
- **Mahjong**
- **Mexican Train** (dominoes)
- **Mission Quilters**
- **North Door Jam**
- **Pinochle A**
- **Pinochle B**
- **Rummikub**
- **Samba A & B**
- **Scrabble**
- **Whist A & C**
- **Five Crowns**

- **Card Bingo:** 1st & 3rd Wed., 1-2:30 pm
- **Monday Bingo** has a new twist. Different games & more games. $6/packet. Give it a try – Each Monday at 1 pm.
- **3rd Monday Bunco Group** is looking for players. Call the Center to sign up.

Angel Fund

Our "Angel Fund" is for anyone that would like to join ENCORE! but may struggle to pay the membership fee. Please contact Shelli-Kae by stopping in her office or dropping a note in the Suggestion Box. We are accepting donations to keep the Angel Fund strong.

Tax Saving Idea! Qualified Charitable Distribution QCD

- A **QCD** is a donation made directly to a qualified charity, instead of taking the money as a taxable **IRA** distribution and then donating it.
- It's a way to satisfy your **RMD** (Required Minimum Distribution) while also supporting the ENCORE! Center
- The **QCD** must be made by the **IRA trustee** directly to **ASC**.
- **QCD's** are available to taxpayers 70 ½ and older. The 2026 maximum amount that can be excluded from income is $115,000.
- A charitable deduction cannot be claimed for any **QCD** not included in income.

MARK YOUR CALENDAR

July 3, Closed

July 9, 1 pm
Rainbow Rider Info

July 15, 10 – 11 am
New Member Meeting

July 15, 12:30 pm
Pontoon Ride
Meet at ENCORE!

July 23, 1 pm
Aging Strong

July 24, 1 pm
Dance of Resilience Book Talk

July 29, 10 am
ENCORE! Explorers
History Tour

August 19-22,
Douglas County Fair

Strand from page 1

know a project and has a plan both in her head and in writing before moving forward. She researches all angles caring deeply for how it makes people feel. She has been on the marketing committee with me for years and is always willing to chair a meeting in my absence. Denise and I have worked together on the Spring Luncheons. She is creative and we have had so much fun hauling half of our houses into the Center for our fun themed events. **She is a treasure to us at the center, to her family and those two granddaughters."**

Denise is always willing to jump in and help, for example this year she set up and ran the raffle for our 2025 Holiday Tables luncheon and for the past four years she supervised middle school students as they washed our windows. For years, Denise managed the Lorsung Art Studio – promoting new classes and keeping it running smoothly and clean.

One of Denise's many superpowers is being organized. She helps Becky and I clean out and organize the many closets and storage space here at the Center.

Denise has been and continues to be a force of talent and skill that keeps propelling ENCORE! forward.
Thank you Denise!

Memorial Gift

Please consider a donation in memory or honor of a loved one to ENCORE! Center for Vibrant Aging. Look for an envelope by the kiosk marked "In Loving Memory" for your gift and drop it off with the front desk. Thank you!

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Denise Strand with family members present at Spring Luncheon

- ENCORE! 2026 BOARD & STAFF -

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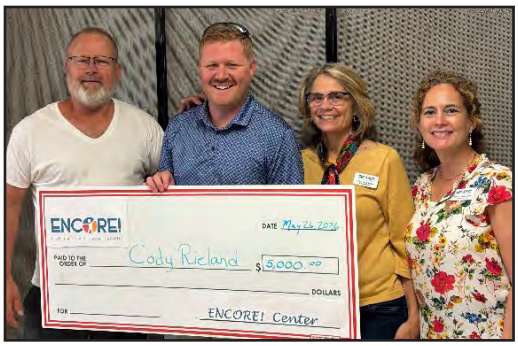
MISSION STATEMENT

To support active living for older adults through social, educational and creative connections.

ENCORE! Cash Raffle Winners!



Cody Rieland wins the big prize of $5,000!

Pam Hovland wins $2,500!

Shane Schmidt wins $1,000!

Please recycle your newsletter when you are done with it.

$500 winners include: Norm Dahl and Cheryl Christenson
$100 winners include: Ben Naylor, Carol Gaffaney, Bill Hinenkemp, Catherine Stein & Lorene Wold